

## **RECAP:**

On Sunday, our message was broken down into three sections which build on our main point which was:

## God has always valued the choice and freedom of His children and our belief about this can really impact the relationship we have with our Father in Heaven.

**Section ONE** looked at the image of the milk to solid food transition as a biblical picture of maturing in faith. Sometimes, growing and developing can be messy and we avoid the choices and freedoms that God gives us because we are worried about the mess it might create.

**Section TWO** opened up Genesis 2:5-17 and unpacked the idea that God is not scared of our bad choices. If He was, He would take our options away and we know He doesn't do that because many of us have made bad choices in our lives!

**Section THREE** took us into Jeremiah 31:33-34 and helped us to understand that in the new covenant that Jeremiah speaks of, our primary interaction with God shifts from an external to an internal reality. This is huge because it highlights the significance of self control as a fruit of The Spirit. A pastor and author, Danny Silk says this:

## 'When the law is written on our hearts and minds and when God Himself dwells in us, we no longer need to be controlled from the outside, because we have the capacity and responsibility to control ourselves.'

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Your keys scriptures will be: 1 Corinthians 3:1-3 Genesis 2:5-17 Jeremiah 31:31-34

- 1 What are the key things that have encouraged and/or challenged you this week?
- 2 Read 1 Corinthians 3:1-3. How do you relate to this image of maturity in your own life? How do you handle choice in your life?
- 3 Is the reality of Gods value of your choice and freedom a part of your relationship with Him? If so, how?
- 4 Can you relate to the idea of desiring an external control of your choices?
- 5 How do you think you could reimagine self control in your life and what might that look like?